

# **Personal Care Attendant (PCA) Fundamentals Training**

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# Course Goal

## Goal

The goal of this training is to provide candidate PCAs with enough information to decide if they want to take the next step in finding work as a PCA

# Name and Background

- Your name
- Your organization
- What you know about direct care workers
- Your direct care work experience
- How does the role of PCA differ from other types of direct care work?

# Ground rules for this training program

- Discussion is a learning technique. Everyone must contribute to the discussion.
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- Everyone's ideas are valuable
- What else should we add?

# At the end of this training program, candidate PCAs should understand:



How multiple disabilities can affect a consumer/employer's life



General types of assistance consumer/employers look for



General skills a PCA needs to assist consumers



Safe practices to reduce infection and worker injury

# Subjects to be Covered in this Training

- The importance of independent living and the MassHealth consumer-controlled model
- The role of a Personal Care Attendant (PCA) in the MassHealth program
- Consumers rights, confidentiality and ethics
- Professionalism on the job
- Effective communication strategies for building healthy relationships
- Safe practices to reduce infection and worker injury
- General terms describing specific needs of some consumers
- Successful life skills to help insure success in their careers