MCPAP for ASD-ID
Program Overview

Jean A. Frazier, MD, UMASS Medical School
Kate Ginnis, MSW, MPH, MassHealth

Autism Insurance Resource Center
UMass Medical School/EK Shriver Center
Overview

• Introductions
• What is MCPAP for ASD-ID?
• How this can help
• How do people access the program?
• What does it cost and other questions?
What is MCPAP for ASD-ID?

MCPAP for Autism Spectrum Disorders and Intellectual Disabilities (MCPAP for ASD-ID) offers support to Emergency Services Program/Mobile Crisis Intervention (ESP/MCI) providers working with youth and young adults with ASD or ID who are having a behavioral health crisis.
Poll Questions

1. Who Are You?
   • Parent/Caregiver
   • BH Service Provider
   • ASD Service Provider
   • Physician
   • Educator
   • Other

2. Are you familiar with any of the following?
   • MCPAP
   • CBHI
   • Mobile Crisis Intervention Services
Why would you call Mobile Crisis Intervention?

MCI is a statewide system of mobile teams that can respond to youth in behavioral health crisis.

They are there to help *before* a situation gets acute enough to require the Emergency Room.
Why would you call Mobile Crisis Intervention?

You may see any of the following:

• Escalating behaviors
• Unusual/sudden changes in behaviors
• Safety concerns
• An emergency situation when you can’t reach your regular team
• You don’t know where else to go for help
• You don’t want to take your child to an ED and there is no concern about physical danger
What does MCPAP for ASD-ID offer?

MCPAP for ASD-ID provides:

• Free, on-demand consultations to ESP/MCI providers, regardless of an individual’s insurance status

• Support around emergency services for children and young adults up to age 26 with ASD-ID who are in behavioral health crisis.

• Consultation with a licensed applied behavior analyst and follow-up consultation with a physician with ASD expertise, when needed. Consultations are telephonic or by telehealth, as needed.

• Follow-up support to the MCI team for seven days after initial consultation.

• Consultations with BCBA’s are available from 11 a.m. – 7 p.m., 7 days a week. Physician consultation available M-F, 1 p.m. – 5 p.m.
How does MCPAP for ASD-ID work?

MCPAP for ASD-ID Consultation Process

- Family requests evaluation for youth with ASD or ID

- MCI or ED evaluating youth with ASD-ID

- MCPAP intake 11 a.m. to 7 p.m. Seven days a week

- Behavioral consultant follow-up as needed

- First responder – behavioral consultant
  1. Advise MCI
  2. Refer to MCPAP for ASD-ID MD, if necessary

- Consultative support to MCI, based on need (seven days or while patient boarding)

  - Assessment: Behavioral, social communication, emotional regulation, sensory processing
  - Short-term interventions: Behavioral interventions, psychopharmacology, parent training
  - Referrals: For longer-term support and services
  - Preventive and consultative outreach to community providers

- Physician ASD expert as needed; available M-F, 1-5 p.m.
How this can help families

Consultations may focus on – evaluation/assessment/intervention

• What is happening, underlying causes, etc.
• Behavioral interventions to stabilize the youth
• Behavioral coaching
• Acute assessment for underlying medical issues or medication questions
Follow-up support

May focus on:
• **Coordination** with ongoing treatment providers
• **Assessment** of triggers leading to these behaviors
• **Development** of crisis behavioral interventions, support around psychopharmacology, and parent training
• **Referrals** to professionals for longer-term support and treatment, when needed.
How do families access MCPAP for ASD-ID services

Call your local ESP/MCI team to access MCI services. You can access MCI services by calling:

1-877-382-1609

If the MCI team feels that a MCPAP for ASD-ID consult would be useful, they will reach out to MCPAP for ASD-ID to schedule a consultation.
Frequently Asked Questions

• What is the cost?

• Is there an age limit?

• Does one have to have a confirmed diagnosis?

• Where can one get more information?
For specific questions about MCPAP for ASD-ID:

john.straus@beaconhealthoptions.com
amy.rosenstein@beaconhealthoptions.com

To Reach the Autism Insurance Resource Center

774-455-4056
info@disabilityinfo.org